



## Inland Empire Future Leaders Program STUDENT MEDICAL HISTORY

If your child is to participate in the IEFLP Leadership Conference, you must complete this medical history form. **Your child may not attend the Conference if this information is not submitted to us.** Kindly supply all requested information. PLEASE TYPE OR PRINT.  
Please attach a recent, clear head shot photograph at left.

Last Name	First Name	MI	Sex	Birthdate	Birthplace
Address	City	State	ZIP	Home Phone	
Full Name of person to notify in case of emergency:					Relationship
Address	City	State	ZIP	Work Phone	

Family Doctor	Doctor's Address	City	State	ZIP	Doctor's Phone

### Medical Insurance Information

Policy Holder	Health Plan/Insurance Company
Policy Number	Expiration Date

1. If your child does not have medical insurance, how do you get medical services for him/her?

2. Is your child experiencing any of the following medical problems:

- |   |   |
|---|---|
| Asthma <b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>                   | Migraine Headaches <b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/> |
| Blood Disorders (Anemia) <b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/> | Seizure Disorder <b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>   |
| Menstrual Disorders <b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>      | Emotional Problems <b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/> |
| Stomach Problems <b>Yes</b> <input type="checkbox"/> <b>No</b> <input type="checkbox"/>         |   |

3. Please list any other ongoing medical/emotional problems:

4. Does your child have any allergies?

(Medications, foods, bee stings, plants, Insect bites, etc.)    **Yes**     **No**

To what? \_\_\_\_\_

Describe her/his reaction. (In your description, please also indicate if it is a mild, moderate, or severe reaction.)

\_\_\_\_\_



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**STUDENT MEDICAL HISTORY**

(continued)

**4. (ALLERGIES—CONTINUED)**

How do you treat the allergy? \_\_\_\_\_

Does your child carry an EpiPen®?      Yes       No

**5. Is your child taking any medications prescribed by a doctor? Yes  No**

**Is he/she taking any other medications (including over-the-counter medications)? Yes  No**

If your child takes any medications, please make a list of those medications (prescribed or over-the-counter) that she/he will be taking during the conference. Please attach a list to this form or list them on the back of this form. If your child has an inhaler and a spare, be sure he/she brings them.

**6a. When was your child's last tetanus shot?      Month \_\_\_\_\_      Year \_\_\_\_\_**

Please attach a copy of his/her vaccination record. If record is not submitted, your child cannot be accepted. Tetanus shot is good for ten years. If not current, it **MUST** be updated. Contact us if you need a referral to a free clinic.

**6b. When was your child's last Measles, Mumps, Rubella (MMR) vaccination?**

Month \_\_\_\_\_      Year \_\_\_\_\_

(Current MMR vaccination is required prior to being accepted to attend the IEFLP Conference.)

**7. Does your child have limitations to physical exercise? Please explain.**

**8. Please describe any special dietary needs.**

**9. Eating disorders can be detrimental to the health of a participant, particularly in the altitude and warm climate at the Conference. Some disorders such as anorexia cannot be accommodated at the Conference. For their personal safety, participants discovered to have eating disorders will be sent home.**

Please initial here: \_\_\_\_\_

Parent's/Guardian's Printed Name	Parent's/Guardian's Signature	Date



## Inland Empire Future Leaders Program AGREEMENT & MEDICAL RELEASE Student Form

I am the parent or legal guardian of \_\_\_\_\_  
(Please print name of student above)

who will be participating in activities sponsored by Inland Empire Future Leaders Program. In completing the required medical form, I have provided accurate and complete information about my child's medical record.

I hereby authorize Inland Empire Future Leaders Program, its personnel and representatives, to act for me on \_\_\_\_\_'s behalf in taking such action and securing and  
(Printed name of student)

authorizing such treatment as they, or any of them, may deem appropriate with respect to any emergency, accident, illness, or similar circumstance arising in connection with the sponsored activity. I agree that Inland Empire Future Leaders Program, its personnel and representatives shall not have any liability for taking or authorizing any such action or treatment.

I agree to be responsible for, and to pay promptly, any bills for medical, optical, dental or related services, or treatment authorized by Inland Empire Future Leaders, whether or not such services are covered by insurance.

I agree to release and discharge Inland Empire Future Leaders Program, its personnel and representatives from any liability or demands that might arise in connection with 1) any accident, illness, or injury, or other consequence or event arising from in connection with my son/daughter's participation in the leadership development conference, or 2) any cause beyond the control of Inland Empire Future Leaders Program, including but not limited to, natural disasters or civil disturbances.

I understand that the IEFLLP Leadership Conference takes place at an altitude of 6000 feet. I further understand that the terrain is mountainous and hilly, requiring some hiking. In addition, understand that at times my child will engage in some strenuous physical activity. I am aware that my child must take care to stay hydrated, to wear sunscreen, to use insect repellent, and to protect her/his feet by wearing appropriate footwear (such as tennis shoes) at all times. I also understand that he/she may be exposed to typical plants and insects found in a Southern California mountain forest environment.

In completing the required medical form, I have provided accurate and complete information about my child's medical record. I understand and agree to each of the paragraphs above.

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Revised November 19, 2019